

# FAMILY WELLBEING DROP-IN



Do you live in Renfrewshire? Does family life sometimes feel a bit of a struggle?

Why not come along to our drop-in sessions where you can chat with one of our Community Family Wellbeing Workers over a cuppa! Here you will have the chance to discuss any issues or concerns that are impacting you or your family and look at support in moving forward.

No appointments needed!

Renfrew YMCA 3 Canal Lane PA4 8QS

9am -1pm (please be there before 1pm to allow time to be seen)

Every week starting Wednesday 24<sup>th</sup> April 2024 (Term time)

