

Are you a parent or carer of a child between 2 and 11 years?

Would you like practical support for the day to day challenges of being a parent?

Would you like ideas on how to support your children?

Would you like to become a more confident parent?

Our being a parent group is led by fully trained local parents and will run for 2 hours a week over 6 weeks. You'll be able to share ideas with other parents and learn different strategies to help you as a parent. Some of the topics covered include: play, feelings, being a parent, understanding your child's feelings and behaviour. A FREE CRECHE is provided.

FRIDAYS 10am-12pm

Starting 27th October 2023

Station Seven, 7 Quarry Street, Johnstone, PA5 8DY

To reserve a space email info@activecommunities.co.uk or call Klascare on 01505 331939