

EPEC- being a parent group

Are you a parent or carer of a child between 2 and 11 years?

Would you like practical support for the day to day challenges of being a parent?

Would you like ideas on how to support your children?

Would you like to become a more confident parent?

Our being a parent group is led by fully trained local parents and will run for 2hours a week over 6 weeks. You'll be able to share ideas with other parents and learn different strategies to help you as a parent. A FREE CRECHE is provided.

For more information contact any one of the following:

Susannne @ Homelink
Cheryl @ Active Communities
Lesley @ Klascare

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