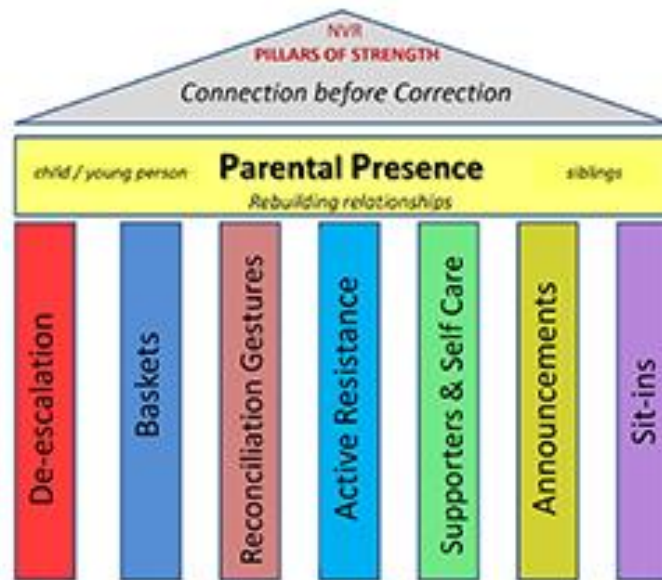


RNRA Parent Group – Summary



De-escalation

- *Strike when the iron's cold*
- *Autopilot statements*
- *Green, Amber & Red zones*
- *Fight/Flight/Freeze – self-awareness*
- *Soothing & calm tone*
- *Offer a way out/Distraction/Use of humour*
- *Show interest*

Baskets

- *Small, Medium, Large*
- *1 or 2 small basket behaviours*
- *Small basket – targeted behaviour, specific*
- *Included in announcement*

Reconciliation/Relational Gestures

- *Building & repairing relationship unconditionally*
- *Not a reward*
- *Enables positive thinking & conversations*
- *Cannot do too many*
- *Raises presence in a loving way*
- *Small & symbolic*
- *Builds empathy*

Active Resistance

- *Announcement – assertive & positive*
- *Message Campaign – involves supporters, shows child parents are not alone in their concerns, specific to individual with tailored format*
- *Sit ins – non-confrontational, raises presence, can be abandoned and revisited, relational gesture*

Supporters & Self Care

- *Increases parental presence*
 - *In announcement*
 - *Message Campaign*
 - *Different roles – direct with child or with parent*
 - *Diffuses power struggle as child understands others have concerns*
 - *Overcomes secrecy and helps reduce shame*
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