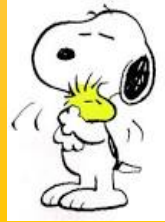


- Building & Repairing Relationships unconditionally
 - Not a reward
- Enables positive thinking & conversations
 - Can't do too many
- Raises presence in a loving way
 - Don't expect a 'thank you'
 - Small & Symbolic
 - Builds empathy



Repair

Relational Gestures

- Strike when the iron's cold
 - Autopilot statements
- Green, Amber, & Red zones
 - Soothing & calm tone
 - Offer a way out
 - Show interest
 - Self-awareness



Persist

De-escalation

Parental

Presence

Unite

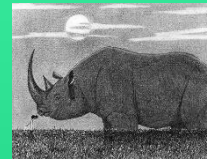
Supporters



- Increases Parental Presence
- Mentioned in announcement
 - Message campaign
- Overcomes secrecy and helps reduce shame
- Relational Gestures - supporters maintain positive relationship as well as resisting
 - Can support siblings
- Different roles - some direct with child, some with parents
- Diffuses power struggle - child understands others are concerned

Resist

Active Resistance



- **Announcement** - assertive & positive
- **Sit-in** - non-confrontational, raises presence, can be abandoned and revisited, relational gesture
- **Message Campaign** - involves supporters, allows child to see parent in not alone, specific to individual with tailored format